

LUNCH MENU

The FUTURE of
FOOD

WK1

MONDAY

Roasted Butternut Squash Soup

Tomato with Mozzarella Pasta (V)

Baby Spinach with Goats cheese Frittata (V)

Roasted new potatoes
Mixed Vegetables

Jacket Potato with Toppings

Lemon Meringue Tart

TUESDAY

Tomato & pepper Soup

Honey Sesame Chicken Stir-Fry Noodles

Teriyaki Tofu Stir-Fry Noodles (V)

Leek & Mushroom Linguine (V)

Sweetcorn & Kale

Chocolate Chip Cookie

WEDNESDAY

Celery & Apple Soup

Slow roasted pork loin, crackling & Apple Sauce

Cauliflower Steak with Chimichurri Sauce (V)

Roasted Maris Piper
Roasted Carrots

Jacket Potato with Toppings

Fresh Cut Fruit Salad

THURSDAY

Roasted Courgette, Pea & Basil Soup

Beef Bolognaises with Spaghetti
Served with Garlic Bread & Side Salad

Quorn Ragu with Spaghetti Served with Garlic Bread
& Side Salad (V)

Steamed Broccoli

Ras el Hanout sweet Potato Filo Tart (V)

Raspberry Rice Pudding

FRIDAY

Broccoli Soup

Battered Cod
with Oven Roasted Chips, Low Salt & Sugar Baked Beans

Aubergine, red onion & sweet potato stack with Feta Crumb served with
dressed rocket (V)

Jacket Potato with Toppings

Cinnamon bun

EVERYDAY

Fresh Wholemeal Bread

Seasonally Fresh Whole Fruit

Yoghurt Bar with Toppings

Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard

***MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE**