

MENU

SALAD MENU WEEK 1

AVAILABLE DAILY

Leaves, tomato, cucumber, grated carrot, beetroot, sweetcorn
and 2 protein options

MONDAY

Heritage tomato, olive, red onion & capers
Couscous with Curried cauliflower, red onion & spinach

TUESDAY

Broccoli, steamed salmon, crispy onion & miso dressing
Butternut squash, rocket & pomegranate

WEDNESDAY

Quinoa, avocado & cherry tomato
Mixed beans & roasted broccoli

THURSDAY

Squash, pomegranate & sumac, lemon & honey dressing
Beetroot, courgette, new potatoes & leaves. Mustard dressing

FRIDAY

Grape, fennel & radicchio
Glass noodle, carrot ribbons & broad bean salad with soy &
honey dressing

For allergen information, please ask a member of the catering team.



LONGACRE SCHOOL
MEMBERSHIP: 1945-2020

