# WEEKLY MENU

#### WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup Station With Fresh Baked Bread	Vegetable soup	Cauliflower soup	Roasted sweet potato soup	Carrot & carraway soup	Tomato and Basil soup
Chef's Dish of the Day	Katsu chicken curry	Spaghetti bolognaise	Roast pork, apple sauce gravy	Chicken and mushroom pie	Hand stretched pepperoni pizza
Vegetarian Dish of the Day	Mild chickpea & sweet potato and spinach curry	Vegetable and quorn bolognaise	Roasted vegetable and bean wellingtion with vegetarian gravy	Tofu, spinach and vegetable pie	Hand stretched margherita pizza
Sides	Cumin cauliflower Steamed carrots Steamed rice	Mixed salad Sweetcorn Garlic & herb infused bread	Roasted new potatoes. Steamed medley of seasonal vegetables	Mashed potato Garden peas Steamed swede	Chunky oven baked chips Baked beans Spinach and rocket salad
	Fresh Sala	ad Bar available everyday	– Fresh Fruit & Yoghurts a	vailable daily	
Dessert of the Day	Greek yoghurt with fresh fruit compotes	Creamy rice pudding topped with freshly made berry sauce	Fresh fruit salad Or Vegetarian sugar free jelly	Apple crumble with custard	Cranberry shortbread

For allergen information please speak to a member of the team.





## WEEKLY MENU

#### **WEEK 2**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup Station With Fresh Baked Bread	Pea and mint soup	Mushroom and tarragon soup	Sweetcorn & thyme soup	Roasted pepper soup	Tomato and rocket soup
Chef's Dish of the Day	Penne puttenesca or steamed trout puttenesca	BBQ slow roasted pulled pork with a soft tortilla	Chicken stir-fry with honey and soy dipping sauce	Slow braised beef and vegetable stew with herb dumpling	Fish fingers with lemon wedges
Vegetarian Dish of the Day	Broccoli, courgette and pasta bake	BBQ Jackfruit vegetable casserole	Vegetable and edamame bean stir-fry	Vegetable and bean casserole with herb dumpling	Panko crumbed buttermilk halloumi
Sides	Green beans Tomato and rocket salad Freshly made garlic bread	Sweet potato mash Ratatouille Steamed carrots	Egg noodles Sauteed peppers and onions Steamed Pak choi	Steamed new potatoes Savoy cabbage Creamed swede	Chunky oven baked wedges Garden peas Baked beans
	Fresh Sala	ad Bar available everyday-	- Fresh Fruit & Yoghurts av	vailable daily	
Dessert of the Day	Yoghurt bar with various toppings	Sugar free orange jelly with mandarins in natural juice	Rhubarb crumble with custard	Berry mousse	Naturally sweetened banana cake

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## WEEKLY MENU

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup Station With Fresh Baked Bread	Chickpea and chilli soup	Mulligatawny soup	Leek and potato soup	Carrot and coriander soup	Roasted parsnip soup
Chef's Dish of the Day	Mac n cheese bar with pulled chicken & crispy onions	Chicken in black bean sauce Jasmine rice	Savoury Sausage Plait Or Pork & herb chipolata sausage with crispy onions & gravy	Roast turkey with sage & onion stuffing Rich gravy	Freshly made beef burgers In a floured bap with ketchup
Vegetarian Dish of the Day	Vegan mac and cheese with crispy onions	Sweet "n"sour paneer	Vegetable sausages	Quorn curry with fresh coriander	Freshly made bean burger In a floured bap with ketchup
Sides	Jacket potato Baked beans Broccoli	Jasmine rice Vegetable medley	Mashed potato Cabbage Carrots	Roasted new potatoes Sprouts Roasted root vegetables	Oven baked french fries Garden peas Baked beans
	Fresh Sala	d Bar available everyday-	- Fresh Fruit & Yoghurts av	vailable daily	
Dessert of the Day	Sugar free vegetarian jelly pots	Naturally sweetened carrot & sultana cake	Naturally sweetened granola bar & Freshly made juices	Eve's sponge with cinnamon and vanilla sauce	Fresh fruit salad



