

WEEKLY MENU

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup Station With Fresh Baked Bread	Spring soup	Courgette and mint soup	Roasted Cauliflower and cumin	Roasted carrot and onion soup	Tomato & Rocket soup
Chef's Dish of the Day	Jacket potato BAR Tuna mayo, Baked Beans Beef chilli, Cheese	Chicken Caesar salad Crispy croutons Parmesan cheese	Honey roast gammon with Rich gravy	Lasagne with a rich tomato sauce and thick bechamel layer	Hand stretched Meat feast pizza
Vegetarian Dish of the Day	Jacket potato BAR Tuna mayo, Baked Beans Beef chilli, Cheese	Eat curious bbq plant chicken salad	Bubble and squeak with roasted onions	Macaroni cheese with grilled cheese and dried onion	Hand stretched margherita Pizza
Sides	Roasted carrots Peas	Crushed new potatoes Mixed salad Sweetcorn	Roasted potatoes. Steamed medley of vegetables	Broccoli & Carrots	Chunky oven chips Garden peas Baked beans
Fresh Salad Bar including oily fish available everyday – Fresh Fruit & Yoghurts available daily					
Dessert of the Day	Light fluffy vegan Coconut Mousse	Selection of fruit & Greek yoghurt with various toppings and sauces	Ice cream with various toppings	Selection of fruit & Greek yoghurt with various toppings and sauces	Sliced marble Cake

For allergen information please speak to a member of the team.



WEEKLY MENU

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup Station With Fresh Baked Bread	2 nd PLANT BASED DAY Tomato and Basil soup	Roasted onion soup	Parsnip and thyme soup	Celeriac soup	Tuscan bean soup
Chef's Dish of the Day	Mac and cheese with crispy onions	Chicken katsu curry with coriander	Beef Bolognese & fresh basil	Pork chipolatas with onion gravy	Fish fingers with lemon wedges and tartare sauce
Vegetarian Dish of the Day	Pasta Pomodoro (eat curious added to sauce) Plant protein	Vegetable katsu curry	Vegetable Bolognese	Vegan Sausages with gravy or tomato sauce	Mushroom Stroganoff with Chickpeas
Sides	Peas / Sweetcorn Autumn salad	Pilaff Rice Green Beans/Carrots	Spaghetti Sautéed peppers & onions	Crushed new potatoes Broccoli / Carrots	Chunky chips Spinach & rocket salad Baked beans
Fresh Salad Bar with oily fish available everyday– Fresh Fruit & Yoghurts available daily					
Dessert of the Day	Rice pudding / fruit crumble	Selection of fruit & Greek yoghurt with various toppings and sauces	Sticky toffee pudding	Selection of fruit & Greek yoghurt with various toppings and sauces	Carrot Cake

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WEEKLY MENU

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup Station With Fresh Baked Bread	Tomato and basil soup	Carrot and orange	Leek, ham and potato	Mushroom and thyme	Pea and mint
Chef's Dish of the Day	Pasta Primavera & red lentils	Chicken wrap with cos lettuce and tortilla wrap with vegan mayo & crispy onions	Venison and pork meatballs with lovely tomato sauce	Beef Burger with brioche bun	Fillet of fish lemon wedges, tartare sauce
Vegetarian Dish of the Day	Pesto Pasta with mozzarella	Roasted peppers and vegetable wrap	Vegan meatball with rich tomato sauce	Vegetable bean burger	Fishless fish fingers (GF)
Sides	Broccoli Sweetcorn	Sweet potatoes Cauliflower Medley of seasonal vegetables	Spaghetti Mushrooms and Mange tout	Jacket potato wedges Grilled tomatoes	Lightly crushed new potatoes Baked beans Peas
Fresh Salad Bar with oily fish available everyday– Fresh Fruit & Yoghurts available daily					
Dessert of the Day	Chocolate Mousse	Selection of fruit & Greek yoghurt with various toppings and sauces	Sugar free fruity jelly pots	Selection of fruit & Greek yoghurt with various toppings and sauces	Carrot Cake

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